

# Rural Community Resilience in BC



It's been a difficult few years in rural BC, with disruptions like COVID-19, wildfires, heat domes and flooding. Despite these tough times, communities have shown incredible strength. We were interested in understanding what leads to community resilience and learning best practices from communities that have bounced back from tough times.

Our research found that resilient communities share certain characteristics:



## Collective action and decision making

People from resilient communities feel they have a voice in issues that are important to them and are able to work together to meet common goals.



## Social Support

People from resilient communities feel that others are kind, would help each other out in the event of a natural disaster, and that community members are treated fairly no matter their background.



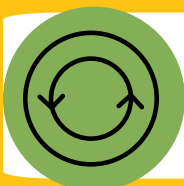
## Trust in leadership

Community members from resilient communities trust their local leaders during an emergency and have confidence in their ability to lead the community on to recovery.



## Emergency Preparedness

Resilient communities have a strong emergency plan, and community members are kept well informed of important information.



## Reconciliation

Resilient communities have organized reconciliation activities and people feel that reconciliation is important and will make their community stronger.



## Health Care Resources

In resilient communities, there are enough health care resources to support the community's physical and mental health needs.



## Robust Economic Situation

In resilient communities, local businesses are able to find staff, there are enough employment opportunities for community members and supply chain issues are minimized.



**BC SUPPORT Unit**  
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